



Est. 1955
NORTHS
FITNESS

ATTENTION

MEMBERS

PLEASE REMEMBER TO...

- ✔ Have your temperature checked at reception
 - ✔ Scan in using your Norths Fitness card
 - ✔ Bring a towel for your workout
- ✔ Be prepared to wipe down equipment before and after use
- ✔ Follow safe social distancing protocol on the gym floor
- ✔ Write your name on the whiteboard if you're attending a class

THANK YOU